

All Farmer Newsletter

Winter 2022

Cooperative Extension Service
Simpson County
300 N Main St
Franklin, KY 42134
270-586-4484
simpson.ca.uky.edu

Beef Bash 2022



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The Beef Bash will be held at the University of Kentucky Research and Education Center in Princeton, KY on Thursday October 20th. Registration will begin at 8:30 and the program will begin at 9:00 a.m. CDT. As in years past, Beef Bash will feature commercial vendors, educational presentations and demonstrations, and opportunities to fellowship with fellow members of the Kentucky beef industry. Although the UKREC including the beef unit are still in the process of recovering from the December 2021 tornado, we thought it was important to continue the tradition of beef bash and move forward with an in-person program! There is no cost to attend Beef Bash, but a meal will be available for purchase with all proceeds benefiting the Caldwell-Lyon Cattlemen's Association scholarship fund.

Vendor spots are still available! If you are interested in being a vendor, please contact Dr. Katie VanValin at Katie.VanValin@uky.edu or 859-562-1361.

The University of Kentucky Research and Education Center is located at 348 University Dr. Princeton KY, 42445. Signs will be posted to guide you to the beef unit.

Jason R. Phillips

County Extension Agent for Agriculture & Natural Resource Education

Ag Report

Remember to tune your radio to 1220 am or 92.3 fm WFKN at 7:55 a.m. every Tuesday and Thursday morning for the Extension



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Services
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities accommodated with prior notification.

Simpson County Extension Office Eye Opener



**FRANKLIN
SIMPSON
CHAMBER
OF COMMERCE**

Please join us, from 7 a.m. to 9 a.m. on November 15th for the monthly Chamber networking event at the Simpson County Extension Office. Enjoy coffee, refreshments and fellowship! Many in the community have not seen our renovated offices, and we welcome all to come have a look around to see what changes we have made.

Simpson County Cattlemen's Association

The Cattlemen's Association's fiscal year begins in October. This is when current members will get notification to renew their membership and is an excellent month to join if you are a new member. You can join by attending a local meeting, stopping by the Extension Office or online at:

<https://kycattle.org/joinnow.html>

This past year the Simpson County Cattlemen's Association has been hard at work cooking at local events and festivals. The proceeds from your membership as well as money earned during cookings help local farmers, youth, and others in our state. By funding educational meetings, scholarships, relief efforts for fellow Kentucky farmers im-

acted by natural disasters, and more!



Semi load of livestock feed headed to Eastern Kentucky for Flood Relief

A few examples of this are illustrated through the funds raised by members and the local association to send fencing supplies to Western Kentucky after the tornado and livestock feed to those impacted by flooding in Eastern Kentucky. These supplies were gathered and delivered quick-

ly to those in dire need. The supplies and delivery were valued at about \$15,000 total. A huge thank you goes out

to everyone that contributed in any way big or small.

Members host educational groups like "Tomorrow's Leaders" to help Franklin-Simpson High School students learn more about agriculture and how it impacts their everyday lives from the clothes they wear to the food they eat. They also learned about how different sectors of agriculture affect our local economy.



Cattlemen Association Meeting- BQCA Training. Members learn how to work, handle, and vaccinate cattle.



Fencing supplies donated to Western Kentucky Tornado Relief by Simpson Co. Cattlemen



FSHS "Tomorrow's Leaders" visit Double V Farms.

Along with doing great works, Cattlemen's members are supporting the Kentucky Cattlemen's Association which serves a voice for Kentucky Cattle producers in front of congress, the state legislature and government agencies. Members receive exclusive information like the Cow Country News which is a monthly publication. They also support the Beef Council with Kentucky Checkoff dollars. The beef council is the leader in marketing and beef promotion in the state.

2022 SOKY COMMERCIAL PESTICIDE TRAINING

NOVEMBER 28 & 29, 2022

Logan County Extension Office
255 John Paul Rd Russellville, KY 42276
270-726-6323 or Your Local Extension Office

\$50 per person per day

MONDAY, NOV. 28

Pasture, Crop, & Farm Supply

KY CEU's : 3 Gen. & 3 Specific
(cat. 1A, 4, 5, 10, 12, 14)
TN CEU's : 2 pt (cat. 2, 3, 6, 7, 8, 11, 13, 14, 16)
3 pts (cat. 5) 5 pts (cat. 1, 4)
6 pts (10, 12)
CCA CEU : SW 2, IPM 2, CM 1, PD 1, PA 1

- 9:00 - 9:50 am What's New for In-Furrow Fungicides in Corn & Seed Treatment
- *Dr. Kiersten Wise*
- 10:00- 10:50 am Insect Pest Management in Tough Environments
- *Dr. Jonathan Larson*
- 11:00 - 11:50 am Limiting Runoff from Pesticide Application
- *Dr. Amanda Gumbert*
- 11:50 - 12:20 am Lunch
- 12:20 - 1:10 pm Weed Management in Row Crops
- *Dr. Travis Leglieter*
- 1:10 - 2:00 pm Transportation Regulations & Sample Truck Inspection
- *KSP, Sargent Jason Morris*
- 2:00 - 2:50 pm Aquatic Weed Control & Safety
- *Dr. Forrest Wynn*



TUESDAY, NOV. 29

Turf & Ornamentals

KY CEU's : 3 Gen. & 3 Specific
(cat. 3, 6, 10, 12, 18, 20)
TN CEU's : 2 pts (cat. 1, 4, 5, 7, 8, 11, 13, 14, 16)
3 pts (cat. 2, 6)
5 pts (cat. 3) 6 pts (cat. 10, 12)
CCA CEU : SW 1, IPM 2, CM 1, PD 1, PA 1

- 9:00 - 9:50 am Lawn & Turf Diseases
- *Dr. Kenneth Clayton*
- 10:00- 10:50 am Right of Way Regulations
- *Mr. Darryl Burks*
- 11:00 - 11:50 am Golf Course Turf Mngt
- *Dr. Kenneth Clayton*
- 11:50 - 12:20 am Lunch
- 12:20 - 1:10 pm Transportation Regulations
- *KSP, Sargent Jason Morris*
- 1:10 - 2:00 pm Ornamental Diseases & Controls
- *Kim Leonburger*
- 2:00 - 2:50 pm Sprayer Calibration
- *Alfredo Aubone*



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FALL FESTIVAL AT THE



FARMERS' MARKET



SATURDAY, OCTOBER 8TH
8:00 A.M.- 1:00 P.M.

**VENDORS,
GAMES, &
DOOR PRIZES**

**304 N MAIN STREET
FRANKLIN, KY**

2022 **BOO FEST** **October 22, 2022**
Downtown Franklin, Ky Square



Activities
Location: College Street

Trick or Treating
College Street
4 pm to 6 pm
(or while candy supplies last)

Interactive Ag Fun - 4 pm to 6 pm
(Includes Petting Zoo & Pony Rides)

Scavenger Hunt
6pm to 8 pm
Registration begins at 5:00 pm @
Covered Pavilion

Costume Contest
Kids - Adults - Pets
Location: Bandstand
5:00 pm
Registration begins at
4:00 pm in Bandstand Area

**Pumpkin Carving &
Decorating Contest**
For details call F-S Parks & Recreation at
270-586-8999 or send an email to
fsparksandrec@gmail.com

Food Trucks on College Street 4 pm to 8 pm



Boofest is presented by: Franklin-Simpson Renaissance - Simpson County Ag Awareness Committee
Franklin-Simpson Fair Board - Simpson County Tourism - Franklin-Simpson Community Arts Council
Franklin-Simpson Parks and Recreation

SNAP-Ed and FCS News



We are pleased to announce that Nancy Doyle will be our new Family & Consumer Sciences Agent at the Simpson County Extension Service. Come join us at our office located at 300 N. Main Street on Tuesday, October 11th from 3:00 p.m. until 5:00 p.m. as we host a "Welcome Reception" for Nancy. It is a come and go event that is open to the public with light refreshments. Nancy has been employed at the Extension Office for 10 years, and we are thrilled that she will be working with us as an agent going forward. Come help us celebrate and welcome her into her new role!!

Hey there! My name is Blair Bruington. I am the new SNAP-Ed Program Assistant at the Simpson County Extension Office. I am originally from Bowling Green, KY, but I have lived in Simpson County off and on my whole life. I cannot wait to become more involved within the community and meet so many new people. I will be hosting FREE nutrition classes in the very near future.

What is SNAP-Ed?

SNAP-Ed stands for Supplemental Nutrition Assistance Program Education. It is an evidence-based program that helps people lead healthier lives. SNAP-Ed teaches both adults and children about good nutrition, budgeting, and increasing physical activity.





Kentucky Extension
Master Gardener



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

DIG...PLANT...GROW!

Allen, Simpson & Warren County Master Gardener Program



Jason Phillips
Simpson County Extension Agent
for Ag & Natural Resources

**Every Wednesday
1:00 PM until 4:00 PM
January 11—March 29th**
* if necessary, make up dates will be held in April
**Warren County Extension Office
5162 Russellville Road
Bowling Green**
Subjects include botany, soils & Fertility, home
fruits, vegetable gardening, entomology, plant
pathology, lawn care, woody ornamentals and
much more!
Cost: \$125.00 per person
RSVP to 270-586-4484 by December 9th

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Disabilities
accommodated
with prior notification.

Beef Cattle Management Short Course

Utilize the economic decision-making and marketing tools provided in this 3-part series taught by University of Kentucky Specialists via Zoom. All programs will begin at 6 p.m. and end at 7 p.m. Participants will have the opportunity to ask questions and interact with specialists during each session.

January 24th, 6:00 p.m.

- ❖ Genetics, EPDs, and Genomic Testing
-tools producers can use to increase profits-Dr Darrah Bullock

January 31st, 6:00 p.m.

- ❖ A Proper Nutrition Program for Developing Heifers
❖ Dr Van Valin

February 07, 6:00 p.m.

- ❖ Reproductive Management in Beef Cattle
-Dr. Les Anderson

Please sign up by contacting the Simpson County Extension Office at (270) 586-4484 or simpson.ext@uky.edu. We will ask you for a valid email address then email you the registration information, which can be completed very quickly. Upon completion, you will receive the meeting invitation. Attending this 3-part series will qualify for CAIP educational credit.

Jason R. Phillips



County Extension Agent for Agriculture & Natural Resource Education

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Tips & Reminders

Don't forget to take advantage of the many services offered by Extension!

- Soil Testing
- Nitrate Testing
- Manure Testing
- Plant Disease Diagnostics
- Weed & Insect Identification
- Seed Testing Services
- Hay Testing
- On-farm visits



These are just a few of the services that local citizens have the opportunity to utilize. To learn more, come see us at 300 N. Main St!

Thanks to a grant from the Kentucky State Cost Share Environmental Grant, the Simpson County Conservation District is offering **FREE** soil sample vouchers (\$8.00 value, limited quantity) to be used at the Simpson County Extension Office for soil sample testing. For Simpson County Residents ONLY (limit 4 per family)

All ag lime is not created equal! All quarries in Simpson and surrounding counties are in the Fall KDA Report which will help to insure that you are getting the most effective lime available for your dollar. Go to the following website to view recent Relative Neutralizing Value (RNV) test results per the Kentucky Department of Agriculture for quarries throughout Kentucky and surrounding states. <http://soils.rs.uky.edu/>

Check out this Recipe online at: <https://www.youtube.com/watch?v=bkTJqzWkAFA&t=3s>



Oven-Fried Fish Fillets

- 1 pound fish fillets
- 2 tablespoons lemon juice
- 2 tablespoons vegetable oil
- ¼ cup shredded parmesan cheese
- ¼ teaspoon dill weed
- ¼ teaspoon salt
- ¼ teaspoon pepper
- 2 cups cornflake-type cereal, crushed

Preheat oven to 350 degrees Fahrenheit. Grease a 13x9 baking dish. Cut fillets into serving pieces, if necessary. In a small bowl, combine lemon juice and vegetable oil. In a separate small bowl, mix Parmesan cheese, dill weed, salt, and pepper. Dip each fillet into lemon juice mixture. Lay in baking dish, sprinkle with cheese mixture, and coat with crushed cereal. Bake uncovered for 20 to 30 minutes or until fish flakes easily.

Yield: 4 servings

Adapted from "Fish and Game Cookbook" by Bonnie Scott, Copyright 2013, Bonnie Scott

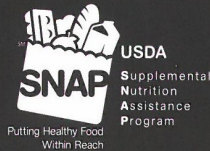


Nutrition Facts	
4 servings per container	
Serving size	4 ounces (110g)
Amount per serving	
Calories	200
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 330mg	14%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 24g	
Vitamin D 1mcg	6%
Calcium 97mg	8%
Iron 6mg	35%
Potassium 449mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



This institution is an equal opportunity provider. This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP.



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Calendar of Events

- October 8** **F-S Farmers' Market Fall Festival**
Extension Pavilion, 8:00 a.m. – 1:00 p.m.
- October 10** **County Extension Council Meeting**
Simpson County Historical Society & History Center, 6:00 p.m.
- October 11** **Welcome Reception for FCS Agent, Nancy Doyle**
Simpson County Extension Office, 3:00 p.m. – 5:00 p.m.
- October 14** **4-H Ribeye Sale**
Extension Pavilion, 10:30 a.m. – 1:00 p.m.
- *October 20** **UK Beef Bash**
Princeton Research & Education Center, 9:00 a.m.
- October 22** **BOOfest**
Franklin Town Square, 4:00 p.m. – 8:00 p.m.
- November 3** **4-H Recognition Banquet**
Ag Building, Jim Roberts Community Park, 6:00 p.m.
- November 15** **Chamber of Commerce Eye Opener**
Simpson County Extension Office, 7:00 a.m.
- November 16-23** **National Farm-City Week**
- November 24-25** **Simpson County Extension Office closed – Thanksgiving Holiday**
- November 28** **SOKY Commercial Pesticide Training (grain focus)**
Logan County Extension Office, 8:30 a.m. – 3:00 p.m.
- November 29** **SOKY Commercial Pesticide Training (turf and ornamental focus)**
Logan County Extension Office, 8:30 a.m. – 3:00 p.m.
- *November 29** **Simpson County Cattlemen's Association**
Location: TBD, 6:00 p.m.
- December 9** **RSVP Deadline for Master Gardener**
- December 24-
January 2** **Simpson County Extension Office closed – Christmas & New Year's Holidays**
- *January 11** **Master Gardener begins**
Warren County Extension Office, 1:00 p.m. – 4:00 p.m.
- *January 24** **Beef Cattle Management Short Course begins**

* Denotes this meeting qualifies for the CAIP Educational Requirement